

Bedbugs

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What Is A Bed Bug????

- Bed bugs are small insects that live in your house
- Bed bugs eat blood - they feed on people who are sleeping.
 - Bed bugs are tiny, about the size of a sesame seed.
 - Bed bugs can be clear, orange, or dark red.
 - Bed bugs are 'hitch hikers' and can easily ride on your backpack or clothing to new areas.



Bed Bug Bites

- Most people don't know if they have bed bugs
 - People usually don't wake up when they are bitten.
 - Most people don't react to bites.
 - The bites do not spread diseases.
- For some people the bites may turn red, swell, and itch. **Don't scratch!** Scratching the might give you a skin infection.



How To Tell if You Have Bed Bugs

- Bed bugs like to hide. They live in cracks, crevices, and small holes, especially in beds and sofas.
- Use a flashlight and magnifying glass. Look under your sofa cushions, under the sheets on the mattress, in your box springs, and in cracks and crevices near sleeping areas.
- Look for:
 - Live bed bugs
 - Small red stains from crushed bugs
 - Small black dots from bedbug droppings
 - Tiny white eggs
 - Bites on your skin (not all people react to the bites)

