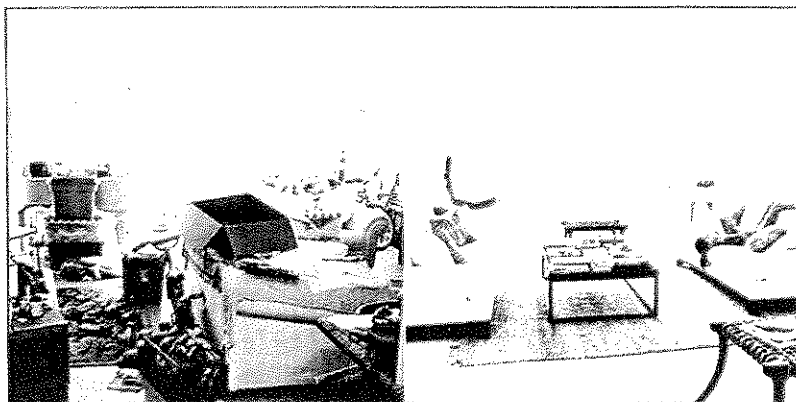


What To Do If You Have Bed Bugs

- Clean up: Get rid of clutter where bed bugs can hide.



- Vacuum: Use a vacuum in areas where there are bugs. Seal up the vacuum bag and take it to an outside trash can so the bugs don't come back! Steam cleaners also work well.

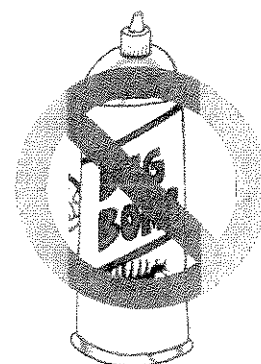
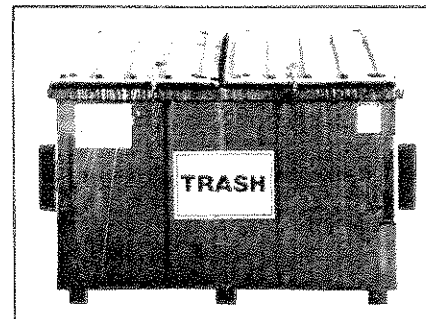
- Laundry: Wash all bedding and clothing in hot water and use the dryer on high heat to kill bugs. Make sure to carry items to the laundry area in a sealed plastic bag. Don't use the plastic bag again! Take it to an outside trash can so the bugs don't come back!

- Mattresses: Vacuum and scrub the mattress to get rid of all the bugs. Then seal it in a special bedbug-proof cover (you can find these on-line). Seal up the vacuum bag and take it to an outside trash can so the bugs don't come back!

- Destroy and dispose: Get rid of furniture and bedding if there are too many bugs. Make sure to destroy the items first so no one else decides to use them!

- Keep looking! Bed bugs can survive many months without food. Once you have gotten rid of all the bugs, keep watching to make sure they don't come back.

- Tell your teacher: Your school can help make sure you don't share your bed bugs with everyone else!



DO NOT use 'bug bombs' or other pesticides – they will not work, and the chemicals can be very dangerous.